



Michiana Pay It Forward Foundation

Teaching the next generation about Paying It Forward,
creating a ripple effect of kindness in our community

PIF Ideas for classrooms

1. Put small goodies in plastic containers such as Easter eggs and bury them in playground for others to find
2. Put inspirational sticky notes on lockers
3. Bake cookies for another class and drop them off when no one is looking
4. Draw pictures or write a short message to encourage others to pay it forward with chalk on the schools sidewalk
5. Download compliment cards and give them out
6. Paint inspirational stones. Part craft and part pay it forward. Paint large rocks with simple messages like "Be kind" then leave them outside around school
7. Adopt another classroom and give them a surprise party with cookies and book readings
8. Adopt-A-Block. Purchase flowers (carnations are cheap) and go door to door giving them to residents and telling them to have a good day
9. Make cards for police or firemen to thank them for their service then have them visit your class and give the cards to them
10. Adopt-A-Nursing home. Take simple board games and have a game day with nursing home residents
11. Using old bed sheets or pillow cases, make "super hero" capes saying "I'm a kindness super hero" and wear them all day to encourage others to be kind
12. Make cards for children at the Ronald McDonald house (South Bend) and while you're at it, collect pop tabs to donate to them
13. Make "You're Awesome Jars". Write 15-20 nice things about someone. Ex: "You're pretty", "You make the best brownies", "You make me laugh". Decorate the jar and place the notes inside. Give the jar to someone special so they can pull out a note when they are having a bad day.
14. Make book marks encouraging others to pay it forward and hide them in library books
15. Have students give "High Fives" – Using contact paper, have the students trace their hand and cut it out. Then secretly give them the name of another student. Have the student write the "secret" name in the palm then write something nice about that person on each finger. Ex: "Funny", "Smart" etc. Then place on students backs for them to wear all day



16. Make a paper chain of kind deeds student do to go around your classroom
17. Help the lunch ladies wash the tables for a week
18. Adopt-A-Class. Adopt a younger class and read books to them
19. Make Thank-You cards for the school custodians
20. Make homemade play dough for a pre-school