



Michiana Pay It Forward Foundation

Teaching the next generation about Paying It Forward,
creating a ripple effect of kindness in our community

Pay It Forward Ideas

1. Collect socks and donate them to a local shelter
2. Smile at everyone that you see for a day
3. Tell someone they look nice
4. Tell a child how awesome they are
5. Let someone out in traffic
6. Decorate the inside of your mailbox to tell your mail carrier thank you
7. Shovel around an elderly persons mailbox
8. Volunteer to read to nursing home residents
9. Leave dollar bills on packages of diapers at the grocery store
10. Leave a quarter in the shopping cart at Aldi's Grocery for someone else
11. Leave quarters in the washing machine at a Laundromat
12. Write a note for your child and put it in their lunch bag
13. Collect pencils and donate to a teacher
14. Tell someone at the gym that seems to be struggling that they're doing great
15. Offer to help someone load their groceries
16. Switch chores with someone for no reason
17. Change the car radio to your parents/child's favorite station instead of yours
18. Take out your neighbors trash
19. Read to animals at the shelter
20. Thank a vet